

## You Belong

A concise yet comprehensive course that focuses on promoting Dignity & Respect in the Workplace.

This 4-part mini-programme is designed to help individuals and organisations increase their awareness and understanding of the importance of acceptance and inclusivity. It aims to create a safe and welcoming environment where everyone feels valued and included.

Throughout this program, participants will engage in interactive learning activities that explore topics such as dignity and respect and diversity and inclusion.

Join us in this mini-programme and discover how we can all work together to create a more inclusive and accepting world.

4-Part Programme

June 2023



Members: Free & Unrestricted
Non-Members: €695 per person



24%

of employees say they have experienced workplace discrimination in their current role



Pride Month, June 2023

June 2023 is pride month in Ireland, help to create a sense of belonging by providing this programme as an opportunity for teams to learn more about dignity & respect in the workplace.

## **Programme Trainer**

## OLIVIA ROCHE

#### **Industry Experience**













Technology Education Social Care Public Sector Private Sector

As a trainer for over a decade, Olivia brings her passion for training to every aspect of her work. Among Olivia's specialities are Communication, Emotional Intelligence, Coaching, Dignity & Respect, Cultural Awareness, Diversity & Inclusion, and Diversity & Equity.

Olivia comes from a family business where she understands the importance of optimum productivity, effective communication and people management skills.

Olivia holds the personal attributes essential to any training role, ensuring positive engagement and interaction throughout her workshops.



I thoroughly enjoyed today's session with Olivia, she is incredibly thought provoking and brings a refreshing and highly interactive style to remote learning.

## **Niah McGill**

Equality, Diversity & Inclusion Lead



## Public Sector of the Year Award 2023

## GUEST SPEAKER

# NATIONAL DI>ERSITY & INCLUSION AWARDS

Niah brings a unique perspective to this webinar having been the main driver for winning a recent award at the National Diversity & Inclusion Awards and driving change at IDA Ireland. Niah has seen and experienced first-hand, the impact it can have when HR, Management and the wider workforce collaborate.

Niah brings her passion and enthusiasm for ED&I to this event aiming to inspire and encourage everyone to get involved, sharing initiatives to evolve how we bring ourselves to work as the basis for innovation and lasting success!

## You Belong Programme Schedule

### Everyone has a Story

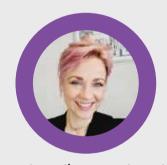
- Equality cornerstones, acceptance & understanding
- Building mutual respect in the workplace
- Using appropriate language
- Unconscious



10am - 12pm

Zoom

#### **Guest Speaker Niah McGill**



As IDA Ireland's ED&I lead and recent National Diversity & Inclusion award winner, Niah shares her experience of the impact of inclusive environments firsthand.

15th June 2023



10am - 11am



Zoom

#### **A Bully Free** Zone

- Examples of workplace bullying
- Long & short term effects
- What is your responsibility?
- Management & HR's responsibility



22nd June 2023



10am - 12pm



Zoom

## Help to Create a **Sense of Belonging**

- Demonstrating dignity & respect starts with your own
- What actions can be deemed inappropriate
- **Embracing workplace** diversity
- Be a role model



29th June 2023



10am - 12pm



Zoom



# Secure Your Place on the Programme

**Members** 

This programme is free for all members to register and attend. A registration link will be issued to all members to share amongst their teams and promote internally.

Non-Members

Non-members are welcome to sign up for €695 per learner; however, with membership starting from €495 for the entire organisation, it is much more cost-effective to join our community.

To Join, Email ruth@dcmlearning.ie

What's included in the DCM Membership?

- Custom Learning Hub, with 100's of Free Courses
- Full Progress Reporting Available
- Free and Unrestricted Access to Monthly Live
  Training Sessions and Mini-programmes
- Generous Discounts on QQI & In-House Training
- Free & Unrestricted enrolments onto the Equality, Diversity & Inclusion course
- Access to the DCM Wellness Hub

## DCM, Your Learning Partner

### Experts in People, Experts in Learning

For over a decade, DCM Learning has been improving individual and business performance in Ireland and the UK. At our core, we believe people learn best by doing. We design fun, powerful experiences that have a profound and lasting impact on people and their careers, inspiring new ways of thinking, building critical capabilities and unleashing business success.

### Passionate About Learning & Development

We work with the biggest brands in Ireland, including UCD, Pfizer & Google, so you can have confidence in our ability to deliver excellent training programmes for your team or your business.













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